

Bob C's History

At 68 years old, I was diagnosed with PCa in Jan. 2023. I had RP in April, 2023. My PSA became detectable in Sept. 2023 and started to double. In Nov. 2023, my urologist recommended talking to a radiologist about radiation therapy and to consider LHRH ADT. After researching LHRH ADT side effects (which were awful), I stumbled on Dr. Charles 'Snuffy' Myers videos and books about transdermal estradiol (tE2). I decided that I wanted to try tE2. It took several 'meet and greets' with an urologist, radiologist, and oncologist before finding one that would prescribe tE2. The oncologist suggested that I go to a compounding pharmacy to fill the prescription. The oncologist worked with the compounding pharmacist to get a right dosage of tE2 cream, using a Topi-Click™ dispenser for precision micro-dispensing of a fixed, small volume.