

Michael's History

Many men came to my medical practice seeking alternatives after they decided to stop standard ADT drugs because they could not live with the adverse side effects. My experience as a patient has been every bit as bad. Despite prostate cancer in my lymph nodes, and other organs (incompletely removed by one of the best prostate cancer surgeons in the world) I resisted doing standard ADT for years. When I had leuprolide (Lupron) short term with salvage radiation in 2022, it was horrible. When my cancer spread to my lungs in 2025, I started doublet therapy with Orgovyx and darolutamide. That was even worse than in 2022. I could not continue, so started using an estradiol patch, and added it to the other drugs I was using.