

### **Peter's History**

I was diagnosed in May, 2016 with a PSA of 3.4; rising to 13.9 by the time I underwent RP in Feb 2017, after which my PSA was 3.3 but still increasing. My clinical oncologist prescribed four estrogen patches at 0.1 mg dosage, changing one every day. From March, 2019 to present my PSA has been steady at <.008 and Testosterone steady at <0.1. I have since reduced the number of patches to two at 0.075 mg dosage.