

Arthur's history

My initial diagnosis was Jan. 2020 with a PSA of 4.2. RP March, 2020 (with horrible pathology). Gleason 9, SVI, PNI, IDC, and lymphovascular invasion, but negative margins with the closest being 1 mm. After RP, PSA was undetectable for 3.5 years. PSA came back at 0.056 in March, 2024. Started Orgovyx ADT and Erleada. My RO recommended adding 1 estradiol patch, twice a week, for hot flashes. I had 43 sessions of radiation starting April, 2024. As I learned about the estradiol patch, I spoke to my oncologist who agreed after doing 1 year of Orgovyx (May 2025) to switch me to 3 estradiol patches, changed twice a week. An interesting point was as I switched, my testosterone went up to 100 for a few weeks and then dropped to 4. Note: the lowest PSA dropped on Orgovyx was 15). I stayed on the estradiol patches for 6 months total and then my doctors stopped all drugs in Oct. 2025. My latest PSA in Feb. 2026 was <.01 and I hope it stays there so as to not need any more treatment.